

## Foundation Course Routine for 1<sup>st</sup> Year MBBS Students of Medical College, Kolkata

Date	9-10 am	10-11 am	11 am-12 noon	12-1pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
<b>1/8/19 THUR</b>	Welcome address by Principal, MSVP, Dean, HOD: Anatomy, Physiology, Biochemistry, Community Medicine, FMT & Medicine Role-play Self introduction by students Audience: Students, Guardians Venue: Auditorium, Academy building Co-ordination & floor management: Dr. Tanushree Mondal, Dr. Ishita Sengupta				<b>Break</b>	Introduction to subjects, Focus: Anatomy, Physiology, Biochemistry, Name others in different phases Faculty: Dr. J C Chattapadhyay, Dr. Sharmila Pal, HOD, Anatomy, Venue: Auditorium	Welcome note from senior students (3+3 minutes)  Ethics of a Doctor Dr. Biswajit Sukul, HOD, FMT Venue: Auditorium	Peer relationship (Anti-ragging rule) Anti-Ragging Committee, local Police Venue: Auditorium
<b>2/8/19 FRI</b>	Visit to Hospital & hostel in 5 group 1 Faculty in each group Gr.A- Dr. S Das, Gr. B-Dr. Saikat Bhattacharya, Gr. C- Dr. J C Chattapadhyay, Gr.D- Arnab Sengupta, Gr.E - Adwitiya Das Students will come at ALT at 9 am				<b>Break</b>	Extra-curricular Activity Mr. Ayan Mukherjee, Mr. Subhadeep Chattapadhyay, Ms. Shatabdi Acharya Venue: ALT		
<b>3/8/19 SAT</b>	History of Medical Science Dr. Indranil Sen Prof. ENT, MMC Venue: ALT		Visit to General Emergency: Role of doctor in 5 gr. 1 Faculty in each group Gr.A- Dr. S Das, Gr. B-Dr. Arup Chakraborty, Gr. C- Dr. J C Chattapadhyay, Gr.D- Arnab Sengupta, Gr.E – Tanushree Mondal Students will come at ALT at 9 am					
<b>5/8/19 MON</b>	Visits: A-Urban, B-Rural, C-Pre-clinics, D-Para-clinics, E-Clinics Faculty: Urban+Rural= Faculty from CM, Pre-clinics=Dr. Aparajita Das, Paraclinics=Dr. Manashi Banerjee, Clinics=Dr. Dibyendu Roy Chowdhury, Dr.S Das <sup>2</sup> Students will come at ALT at 9 am				<b>Break</b>	Visit will continue	Yoga: All except Rural visit group Conduction: Prajapita Brahmakumari Team Venue: Auditorium*	
<b>6/8/19 TUE</b>	Visits: B-Urban, C-Rural, D-Pre-clinics, E-Para-clinics, A-Clinics Faculty: Urban+Rural= Faculty from CM, Pre-clinics=Dr. Aparajita Das, Paraclinics=Dr. Manashi Banerjee, Clinics=Dr. Dibyendu Roy Chowdhury, Dr.S Das <sup>2</sup> Students will come at ALT at 9 am				<b>Break</b>	Visit will continue	Yoga: All except Rural visit group Conduction: Prajapita Brahmakumari Team Venue: - do -*	
<b>7/8/19 WED</b>	Visits: C-Urban, D-Rural, E-Pre-clinics, A-Para-clinics, B-Clinics Faculty: Urban+Rural= Faculty from CM, Pre-clinics=Dr. Aparajita Das, Paraclinics=Dr. Manashi Banerjee, Clinics=Dr. Dibyendu Roy Chowdhury, Dr.S Das <sup>2</sup> Students will come at ALT at 9 am				<b>Break</b>	Visit will continue	Yoga: All except Rural visit group Conduction: Prajapita Brahmakumari Team Venue: - do -*	
<b>8/8/19 THUR</b>	Visits: D-Urban, E-Rural, A-Pre-clinics, B-Para-clinics, C-Clinics Faculty: Urban+Rural= Faculty from CM, Pre-clinics=Dr. Aparajita Das, Paraclinics=Dr. Manashi Banerjee, Clinics=Dr. Dibyendu Roy Chowdhury, Dr.S Das <sup>2</sup> Students will come at ALT at 9 am				<b>Break</b>	Visit will continue	Yoga: All except Rural visit group Conduction: Prajapita Brahmakumari Team Venue: - do -*	
<b>9/8/19 FRI</b>	Visits: E-Urban, A-Rural, B-Pre-clinics, C-Para-clinics, D-Clinics Faculty: Urban+Rural= Faculty from CM, Pre-clinics=Dr. Aparajita Das, Paraclinics=Dr. Manashi Banerjee, Clinics=Dr. Dibyendu Roy Chowdhury, Dr.S Das <sup>2</sup> Students will come at ALT at 9 am				Break	Visit will continue	Yoga: All except Rural visit group Conduction: Prajapita Brahmakumari Team Venue: - do -*	

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10/8/19 SAT	Substance abuse and de-addiction Dr. Abhoy Dey, Psychiatry Venue: ALT	Attitude of a Doctor in the society <i>Dr. Biswajit Suku</i> <sup>3</sup> Venue: ALT	Role Play -Do- <sup>3</sup> Dept. of FMT & Anatomy	Role Play -Do- <sup>3</sup>	Sports			
13/8/19 TUE	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: Bengali: Dr. M Datta & Dr. A Das, English: Ms. Chitra Agarwal* Venue: Exam Hall 1 & 2	AETCOM Module – 1.1: What does it mean to be a doctor: exploratory session Dr. T. Mondal <sup>4</sup> Venue: ALT	AETCOM Module – 1.1: SDL -Do- <sup>4</sup>	AETCOM Module – 1.1: SDL -Do- <sup>4</sup>	Break	<b>Computer:</b> Group A, Faculty: Youth Computer Centre Venue: College Library <b>Extra-curricular Activity :</b> Group: B,C, D,E Mr. Ayan Mukherjee, Mr. Subhadeep Chattapadhyay, Ms. Shatabdi Acharya Venue: ALT		
14/8/19 WED	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: -do-* Venue: Exam Hall 1 & 2	AETCOM Module – 1.1: Facilitated panel discussion Dr. Manjushree Ray, Dr. M Nandy, Dr. M Sengupta Dr. S Das		AETCOM 1.1 - Closure of case & session Dr. S Das, Dr. D Das	Break	<b>Computer:</b> Group B Faculty: Youth Computer Centre Venue: College Library <b>Sports :</b> Group: C,D,E,A		
16/8/19 FRI	Food, Sleep & Personal Hygiene for medical students Faculty: Dr. Debadutta Chakraborty Venue: ALT	Biomedical waste management Dr. Sesadri Kole, Community Medicine Venue: ALT	Time management Dr. Trinath Sarkar, Community Medicine Venue: ALT	Stress management (Day 1) Dr. Rudra Prasad Acharya, Psychiatry Venue: ALT	Break	<b>Computer:</b> Group C Faculty: Youth Computer Centre Venue: College Library <b>Self defense – Taekwondo:</b> : Group: D,E,A,B Instructor: Master Pradipta Roy Venue: 2 floors of Academy building		
17/8/19 SAT	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: -do-* Venue: Exam Hall 1 & 2	National Immunisation Schedule Dr. Sarmistha Ghosh, Community Medicine Venue: ALT	Assessment of Immunisation status of students Dr. Mousumi Datta Venue: ALT	Extra curricular Activity Faculty: Dr. J C Chattapadhyay Venue: ALT				

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19/8/19 MON	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: -do-* Venue: Exam Hall 1 & 2	Universal protection Dr. Rahul Biswas, Community Medicine Venue: ALT	Immunisation of Students Dr. M Datta, Dr. R Biswas, Dr. S Bhattacharya, Dr. A Das Venue: ALT, Immunization clinic of MCH Building		Break	<b>Computer:</b> Group D Faculty: Youth Computer Centre Venue: College Library <b>Self defense - Taekwondo:</b> Group: E,A,B,C Instructor: Master Pradipta Roy Venue: 2 floors of Academy building		
20/8/19 TUE	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: -do-* Venue: Exam Hall 1 & 2	Module – 1.2: What does it mean to be a patient Dr. Anita Nandi & Dr. Manashi Banerjee Venue: ALT		SDL -Do <sup>-5</sup>	Break	<b>Computer:</b> Group E Faculty: Youth Computer Centre Venue: College Library <b>Self defense - Taekwondo:</b> Group: A,B,C,D Instructor: Master Pradipta Roy Venue: 2 floors of Academy building		
21/8/19 WED	Basic Life Support Protocol: Theory Dept. of Anesthesiology <sup>6</sup> Venue: CLT	BLS Practice -Do <sup>-6</sup> Venue: 2 examination halls			Break	BLS Practice -Do <sup>-6</sup> Venue: 2 examination halls		
22/8/19 THUR	ATCOM Module 1.2 – SDL -Do <sup>-5</sup>	ATCOM Module 1.2 – Discussion & closure of case -Do <sup>-5</sup>			Break	<b>Computer:</b> Group A Faculty: Youth Computer Centre Venue: College Library <b>Extra-curricular Activity :</b> Group: B,C, D,E Faculty: Dr. Biswajit Sukul & team Venue: ALT		
24/8/19 SAT	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: -do-* Venue: Exam Hall 1 & 2	Sports		Extra-curricular Activity Faculty: Dr. J C Chattapadhyay Venue: ALT				
26/8/19 MON	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: - do-* Venue: Exam Hall 1 & 2	AETCOM Module – 1.3: The Doctor-patient relationship Large group Session Dr. A Chakraborty, Dr. S Bhattacharya <sup>7</sup> Venue: Auditorium	AETCOM Module – 1.3: Interactive discussion -Do <sup>-7</sup>		Break	<b>Computer:</b> Group B Faculty: Youth Computer Centre Venue: College Library <b>Self defense – Taekwondo:</b> Group: C,D,E,A Instructor: Master Pradipta Roy Venue: 2 floors of Academy building		

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27/8/19 TUE	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: - do-* Venue: Exam Hall 1 & 2	AETCOM Module – 1.3: Discussion & closure of case Auditorium, Academy Building -Do <sup>7</sup>		Stress management (D-2) Dr. Rudra Prasad Acharya, Psychiatry Venue: ALT	Break	<b>Computer:</b> Group C Faculty: Youth Computer Centre Venue: College Library <b>Self defense - Taekwondo:</b> Group: D,E,A,B Instructor: Master Pradipta Roy Venue: 2 floors of Academy building		
28/8/19 WED	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: - do-* Venue: Exam Hall 1 & 2	AETCOM Module – 1.4: Foundation of communication skill Dr. Manideepa Sengupta Dr. Mousumi Nandy & Dr. S Das, Dr. Shantanu Nandy <sup>8</sup> Venue: ALT		AETCOM Module – 1.4: Small group discussion -Do <sup>8</sup>	Break	<b>Computer:</b> Group D Faculty: Youth Computer Centre Venue: College Library <b>Sports:</b> Group: E,A,B,C		
29/8/19 THUR	Language in 2 group: Gr. A - Bengali, Gr. B – English Faculty: - do-* Venue: Exam Hall 1 & 2	AETCOM Module – 1.4: Small group discussion -Do <sup>8</sup>	AETCOM Module – 1.4: Discussion & closure -Do <sup>8</sup>	Sports	Break	<b>Computer:</b> Group E Faculty: Youth Computer Centre Venue: College Library <b>Sports :</b> Group: A,B,C,D		
30/8/19 FRI	AETCOM Module – 1.5: The cadaver as our first teacher Dr. Jadav Chandra Chattapadhyay & team Venue : ALT				Break	Extra curricular Activity Faculty: Dr. J C Chattapadhyay & team Venue: Auditorium		Sports
31/8/19 SAT	Assessment				Extra curricular Activity Faculty: All core committee members Venue: ALT			

Principal  
Medical College

Dr. Mousumi Nandi  
Dean of Student's Affairs